

Top marketing ideas for selling healthy food at your school

Food Smart Schools • another nag nutrition program

For more information visit www.foodsmartschools.org or email info@foodsmartschools.org

Effective marketing for the school tuckshop can create interest, increase profits and is a great way to encourage students to purchase healthy (GREEN) foods while at school.

Make healthy food eye catching:

- Consider repackaging existing products to increase their appeal to students. For example, clear packaging allows students to see the bright and well-presented food.
- Ensure that quality and quantity of food is consistent. Having a consistent product maintains customers' expectations and opinion on your service.

Use your displays to market healthy food:

- **Display healthy choices** on the counter or in a prominent location.
- Eye level is buy level place healthy items at eye level to catch student's attention.
- Make use of display fridges to display healthy food like fruit salad, wraps, sushi and yoghurt in a prominent location.
- **Display photos along with the price** of healthy food choices at eye level and on the outside walls of the tuckshop.

Keep it fun and colourful









NAQ Nutrition (formerly trading as Nutrition Australia Qld) www.naqld.org | 12/212 Curtin Ave W, Eagle Farm 4009 ph (07) 3257 4393 fax (07) 3257 4616 e info@foodsmartschools.org



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Menus:

- Widely **distribute your menu** ask your school to **email** menu updates, seasonal specials and promotions to **parents**.
- Post **copies of the menu** on notice boards throughout the school and include on the school's website.
- Place healthy options at the top of the menu.
- Describe the texture, temperature and taste of the food. For example, Catch of the Day Burger Oven baked fish fillet with fresh lettuce, tomato and light mayonnaise on a wholemeal bun.

Social marketing:

• Promote healthy options and specials in social media and in the school newsletter.

Taste testing of new foods:

 Provide food samples* of new healthy foods to students, teachers and/or parents as a promotional strategy or to seek feedback.
*Ensure you inform teachers of taste testing activities so they can double check allergy information.

Use imaginative names and colourful posters to promote menu items



Plan a theme day:

- Plan a calendar of promotions at the start of each year or term.
- Work with teaching staff, the parent representative organisation or student representative council.
- Use posters and signage in high traffic areas around the school.
- View Food Smart School's <u>theme day fact sheet</u> for ideas.



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Pricing healthy foods:

- Create 'meal deals' to trial new healthy items or promote existing healthy options.
- Consider increasing the cost of AMBER items and decreasing the cost of GREEN items.

Links with the classroom:

- Ensure food items are appealing to students. Conduct a survey or ask for feedback. Seek student involvement by asking teachers or the student representative council if students would like to facilitate the survey as a student project.
- Link names of menu items with classroom projects. For example, if younger year levels are learning about dinosaurs, feature a Dino Roll (toasted chicken, cheese and sliced pineapple sub).

Brighten up the tuckshop:

- Use colourful posters and photos to brighten up the tuckshop. Students may be able to assist, contact your school's art or IT department.
- Use props or decorations. Purchase budget decorations or speak with the art department about creating some healthy food decorations for display in the tuckshop.





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