



Nutrition Australia Qld

QUALITY | COMPLIANCE | BEST PRACTICE

Aged Care Nutrition Annual Subscription Form

Congratulations on continuing to be a part of the ACNAS program. Here at NAQ, we know that as carers and specialists in the aged care industry you play an invaluable role in the health and wellbeing of the residents in your care. Health and nutrition play an integral part of every person's life. Ensuring residents have access to nutritious and safely prepared meals will improve their wellbeing and quality of life, ensure they are well nourished, and reduce their risk of diet related health issues.

As an ACNAS subscriber, you not only benefit the residents in your care, but your facility as a whole, including your local community through the following:

- **ADVOCACY** - We are a proactive voice with connections with government, non-government, private enterprise and media outlets.
- **PD AND TRAINING** - Our team of experienced Dietitians, Nutritionists and Health Promotion officers with experience in the aged care industry provide tailored professional development and training.
- **RESOURCES AND COMPLIANCE** - Our range of expertly designed resources will assist you to meet your compliance requirement and strive for best practice.
- **INDUSTRY UPDATES** - Let us keep you up to date on the latest research and requirements around nutrition and food safety.

Most importantly you are supporting Nutrition Australia Qld, a charity that has been operating for over 20 years being the voice of health and nutrition for Queenslanders.



Nutrition Australia Qld's Aged Care Nutrition Advisory Service promotes best practice around meeting the Aged Care Quality Standards specifically the principles relating to nutrition and food safety.

Nutrition Australia Qld | www.naqld.org | acnas@naqld.org

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2020-2021 Aged Care Nutrition Themes

Your continued subscription enables you to stay informed of the latest requirements in best practice, research and policy around food and nutrition.

As a subscriber to Nutrition Australia Qld's Aged Care Nutrition Advisory Service your facility will be authorised to display the Certificate **of Subscription** at your facility.

Through the 2020 - 2021 subscription year the ACNAS Program will focus on **four themes**. Each theme will include focused discussion, resources and information relating directly to legislative requirements and resources available for subscribers to use. Themes include:

- **NUTRITION POLICY AND PROCEDURES:** July - September 2020
 - Including tools for quality improvement in nutrition processes, best practice nutrition policy, and inclusion of the Aged Care Accreditation Standards into policy.
- **CATERING FOR SPECIAL DIETS:** October – December 2020
 - Advice on catering for residents who require diabetic diets, nutrition support for wounds and weight loss, texture modified diets, high fibre diets, and allergies and intolerances.
- **THE MEALTIME ENVIRONMENT:** January – March 2021
 - Advice on how to improve the mealtime environment and practices to improve the nutrition of residents, including the role of care staff in supporting good nutrition.
- **FOOD SERVICE:** April - June 2021
 - Including resources and information to support your food service to improve kitchen processes, budgeting, and provision of meals.

ADDITIONAL subscriber benefits include:

- Free quarterly Zoom professional development sessions run by our Dietitians
- Free access to professional nutrition advice with our aged care dietitians
- Updates and information about the Aged Care Quality Standards
- Access to NAQ Nutrition's supplement and tube feeding service with a 2.5% discount
- Competitively priced online training and learning opportunities
- Monthly subscription to the ACNAS e-newsletter including recipes and nutrition updates
- Access to the 'subscribers only' area of the ACNAS website
- Additional e-newsletter subscriptions*

2020-2021 Subscription Form

Your Facilities Information

Name: _____

Address: _____

Contact Name: _____

Contact Telephone: _____ Fax: _____

Email*: _____

** Please note this email needs to be individual as it will be your log in. If you have multiple centres, please have a different email for each centre.*

Additional email addresses

*all e-newsletter recipients must belong to the one setting site – by adding an email address you confirm that the email address belongs to staff from that one site.

1. _____
2. _____
3. _____
4. _____
5. _____

Email this completed subscription form to: acnas@naqld.org

OR Subscribe Online - <https://naqld.org/acnas-2/>

Payment options (\$100 + GST)

Credit Card:

Visa/Mastercard/Bankcard

(Please circle)

Credit Card Number:

Exp. date: __ / __

Signature: _____

Direct Deposit*

Bank: St George Commercial Bank

Account Name: NAQ Nutrition

BSB: 194 879

Account No: 429886676

ABN: 33 986 781 351

**NB: If you choose this option, your invoice number or setting name MUST be used as a reference.*

Please advise NAQ of the direct deposit by emailing acnas@naqld.org