



# Nutrition Australia Qld

QUALITY | COMPLIANCE | BEST PRACTICE

## FOOD FOUNDATIONS ANNUAL SUBSCRIPTION FORM

As educators and specialists in the early years industry, you play an invaluable role to our children's futures. Health and nutrition play an integral part of every child's life. Ensuring children have access to nutritious and safely prepared meals will improve their overall health, behaviour and learning outcomes.

As a Food Foundations subscriber, you not only benefit the children in your care, you can also benefit your setting as a whole including your local community through the following:

- **ADVOCACY** - We are a proactive voice with connections with government, non-government, private enterprise and media outlets.
- **PD AND TRAINING** - Our team of experienced Dietitians, Nutritionists and Health Promotion officers with experience in the early years industry provide tailored professional development and training.
- **RESOURCES AND COMPLIANCE** - Our range of expertly designed resources will assist you to meet your compliance requirement and strive for best practice.
- **INDUSTRY UPDATES** - Let us keep you up to date on the latest research and requirements around nutrition and food safety.

**Most importantly you continue to support Nutrition Australia Qld, a charity that has been operating for over 20 years, being the voice of health and nutrition for Queensland children.**



**Nutrition Australia Qld's Food Foundations Program promotes best practice around meeting and exceeding the National Quality Standard, specifically the principles relating to nutrition and food safety**

Nutrition Australia Qld | [www.naqlld.org](http://www.naqlld.org) | [foodfoundations@naqlld.org](mailto:foodfoundations@naqlld.org)

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# 2020 Food Foundations Themes

Your subscription enables you to stay informed of the latest requirements in best practice, research and policy around food and nutrition.

As a subscriber to Nutrition Australia Qld's Food Foundations program you are authorised to display the **Certificate of Subscription** at your centre.

Through the 2020 subscription year the Food Foundations program will focus on **four themes**.

Each theme will include focused discussion, resources and **information relating directly to legislative requirements and will discuss exceeding themes**. Resources will be available for subscribers to use. Themes include:

- **MENU PLANNING:** April – June 2020
  - Including menu planning, for settings who provide food, menu planning for families at home including parents who send lunchboxes and infant menu planning requirements.
- **NUTRITION POLICY:** July – September 2020
  - Including information, templates and advice for all setting types on what to include in nutrition policy, includes case studies.
- **NUTRITION, CURRICULUM AND TEACHING OPPORTUNITIES:** October – December 2020
  - Including information and strategies on how nutrition links with the relevant curriculum and teaching opportunities for nutrition and food safety.
- **RISK MANAGING QUALITY AREA 2:** January – March 2021
  - Includes information on some of the risks associated in Quality area 2 (such as nutrition, allergy and food safety risks) and measures which can be put in place to minimise risks occurring.

## **ADDITIONAL subscriber benefits include:**

- Free quarterly Zoom professional development sessions run by our Dietitians
- Updates and information about the National Quality Framework
- 12 month subscription to the Food Foundations e-newsletter including recipes and nutrition updates
- Access to the 'subscribers only' area of the Food Foundations website
- Additional e-newsletter subscriptions\*

# 2020 Centre Subscription Form

## Your Centre Information

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Contact Name: \_\_\_\_\_

Contact Telephone: \_\_\_\_\_ Fax: \_\_\_\_\_

Email\*: \_\_\_\_\_

*\* Please note this email needs to be individual as it will be your log in. If you have multiple centres, please have a different email for each centre.*

### Additional email addresses

\*all e-newsletter recipients must belong to the one setting site – by adding an email address you confirm that the email address belongs to staff from that one site.

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

### Centre demographics:

1. Number of children: \_\_\_\_\_
2. Number of families: \_\_\_\_\_
3. Meal provision at your centre (please tick one):
  - We have a cook/chef who makes our food onsite
  - Parents provide food
  - We use an external caterer
  - Other: \_\_\_\_\_

**Email** this completed subscription form to: [foodfoundations@naql.org](mailto:foodfoundations@naql.org)  
OR **Subscribe Online** - <http://www.naql.org/food-foundations-landing/>

### **Payment options (\$100 + GST)**

**Credit Card:**

Visa/Mastercard/Bankcard

*(Please circle)*

Credit Card Number:

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Exp.date: \_\_ / \_\_

Signature: \_\_\_\_\_

**Direct Deposit\***

**Bank:** St George Commercial Bank

**Account Name:** NAQ Nutrition

**BSB:** 194 879

**Account No:** 429886676

**ABN:** 33 986 781 351

*\*NB: If you choose this option, your invoice number or setting name MUST be used as a reference.*

*Please advise NAQ of the direct deposit by emailing [foodfoundations@naql.org](mailto:foodfoundations@naql.org).*