

Who we are

NAQ Nutrition is a not-for-profit, non-government community nutrition organisation that provides education, support and training to shape the health and wellbeing of our community to make informed food choices.

We work in various settings across Queensland and the Northern Territory including early years services, schools, workplaces and aged care.

Our programs include:



Contact us

We offer a delivery service or alternatively, orders can be picked up from our office:

**Unit 12/212 Curtin Ave West,
Eagle Farm Qld 4009**

Phone: **(07) 3257 4393**

Fax: (07) 3257 4616

Email: reception@naqld.org

Web: www.naqld.org



Proudly supplying nutritional supplements, thickeners and equipment to the community for over 20 years.

- ✓ Extensive product range
- ✓ Competitive prices
- ✓ Prompt delivery
- ✓ Small or large orders welcome
- ✓ Mixed flavours available

To place an order, call (07) 3257 4393

Extensive product range

Competitive prices

Small and mixed orders welcome

Prompt delivery

Ready access to independent nutrition advice from Accredited Practising Dietitians/ Nutritionists

How to order:

Simply call or email us to place your order:

Ph: (07) 3257 4393

Email: reception@naqld.org

Contact us for our full product and price list

Freight charges (Metro Brisbane) Orders over \$120 are free of courier costs. Orders under \$120 will incur an \$11 freight charge.

We deliver across Queensland and Northern NSW

Please allow 3-7 working days for delivery.

Have you or someone you know lost interest in eating?

When this happens it can easily lead to unintended weight and muscle loss, and becoming malnourished. Using a clinical nutritional supplement can help overcome these problems, improving health, wellbeing and recovery from surgery, injury or illness. Talk to your doctor or Accredited Practising Dietitian about whether such supplements might be helpful, which products to use, and how much to have daily.

About Clinical Nutritional Supplements

There are a wide variety of clinical nutritional supplements on the market. They can be used to:

- Increase the intake of protein and/or energy in the diet
- Provide additional vitamins or minerals

The supplement range available varies in:

- Nutritional benefits
- Form (powder, liquid, puddings)
- Flavours (fruity, milky, neutral, savoury)

Examples of some popular clinical nutrition supplements:



Ensure Powder 850g
Vanilla



Ensure TwoCal 200mL
Vanilla/Strawberry



Resource Fruit Beverage 237mL
Orange/Peach/
Wildberry



Resource Plus 237mL
Vanilla/Chocolate/
Strawberry



Fortisip 200mL
Vanilla/Chocolate/
Strawberry/Banana



Forticreme Puddings
Vanilla/Chocolate/
Banana/Forest Fruit



Precise Instant
Liquid Thickener
500mL or 6L



Instant Thick
Thickening Powder
100g

Thickeners and Thickened Fluids

A Speech Pathologist may advise the use of thickeners and thickened fluids if people develop problems with swallowing e.g. after a stroke or radiation therapy or as the result of some illnesses. NAQ Nutrition provides a wide range of both thickening agents and pre-thickened fluids available with the 3 standardised levels of thickness.

Contact us

NAQ Nutrition (the Queensland division of Nutrition Australia) ABN 33 986 781 351

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