



# Nutrition Australia Qld

QUALITY | COMPLIANCE | BEST PRACTICE

## Aged Care Nutrition Annual Subscription Form

Congratulations on continuing to be a part of the Aged Care Nutrition Advisory Service (ACNAS). Here at NAQ, we know that as carers and specialists in the aged care industry you play an invaluable role in the health and wellbeing of those in your care. Health and nutrition play an integral part of every person's life. Ensuring consumers have access to nutritious and safely prepared meals will improve their wellbeing and quality of life, ensure they are well nourished, and reduce their risk of diet related health issues.

As an ACNAS subscriber, you not only benefit those in your care, but your facility as a whole, including your local community through the following:

- **ADVOCACY** - We are a proactive voice with connections with government, non-government, private enterprise and media outlets.
- **PD AND TRAINING** - Our team of experienced Dietitians, Nutritionists and Health Promotion officers with experience in the aged care industry provide tailored professional development and training.
- **RESOURCES AND COMPLIANCE** - Our range of expertly designed resources will assist you to meet your compliance requirement and strive for best practice.
- **INDUSTRY UPDATES** - Let us keep you up to date on the latest research and requirements around nutrition and food safety.

**Most importantly you are supporting Nutrition Australia Qld, a charity that has been operating for over 20 years being the voice of health and nutrition for Queenslanders.**



**Nutrition Australia Qld's Aged Care Nutrition Advisory Service promotes best practice around meeting the Aged Care Quality Standards specifically the principles relating to nutrition and food safety.**

# 2021-2022 Aged Care Nutrition Themes

Your continued subscription enables you to stay informed of the latest requirements in best practice, research and policy around food and nutrition.

As a subscriber to Nutrition Australia Qld's Aged Care Nutrition Advisory Service your facility will be authorised to display the Certificate **of Subscription** at your facility.

Through the 2021 - 2022 subscription year, ACNAS will focus on **four themes**. Each theme will include focused discussion, resources and information relating directly to legislative requirements and resources available for subscribers to use. Themes include:

- **NUTRITION AND DEMENTIA:** July - September 2021
  - Strategies for managing nutrition care for consumers with dementia, including finger food menu's and recipes, mealtime engagement, and managing nutrition during disease progression.
- **MALNUTRITION PREVENTION AND MANAGEMENT:** October – December 2021
  - The latest evidence and best-practice strategies for preventing and managing malnutrition in residential aged care, including recommended screening processes, risk factor identification, food first management and making the most of supplements.
- **NUTRITION AND CHRONIC DISEASE MANAGEMENT:** January – March 2022
  - Guidance on how chronic diseases such as diabetes, heart disease and cancer should be managed in residential aged care settings. Including resources for consumers and families, balancing malnutrition and chronic disease management, and special diets.
- **FOOD FOR QUALITY OF LIFE:** April - June 2022
  - We will explore how food and food culture is vital to quality of life and maintaining independence. We will offer resources, ideas and strategies on how to cater to consumers preferences, and foster an environment of enjoyment around food.

## **ADDITIONAL subscriber benefits include:**

- Free quarterly professional development webinars run by our Dietitians
- Free access to professional nutrition advice with our aged care dietitians
- Updates and information about the Aged Care Quality Standards
- Access to NAQ Nutrition's supplement and tube feeding service with a 2.5% discount
- Competitively priced online training and learning opportunities
- Monthly subscription to the ACNAS e-newsletter including recipes and nutrition updates
- Access to the 'subscribers only' area of the ACNAS website
- Additional e-newsletter subscriptions\*

# 2021-2022 ACNAS Subscription Form

## Your Facilities Information

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Contact Name: \_\_\_\_\_

Contact Telephone: \_\_\_\_\_ Fax: \_\_\_\_\_

Email\*: \_\_\_\_\_

*\* Please note this email needs to be individual as it will be your log in. If you have multiple centres, please have a different email for each centre.*

### Additional email addresses

\*all e-newsletter recipients must belong to the one setting site – by adding an email address you confirm that the email address belongs to staff from that one site.

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

Email this completed subscription form to: [acnas@naqld.org](mailto:acnas@naqld.org)

### Payment options (\$100 + GST)

**Credit Card:**

Visa/Mastercard/Bankcard

*(Please circle)*

Credit Card Number:

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Exp. date: \_\_ / \_\_

Signature: \_\_\_\_\_

**Direct Deposit\***

**Bank:** St George Commercial Bank

**Account Name:** NAQ Nutrition

**BSB:** 194 879

**Account No:** 429886676

**ABN:** 33 986 781 351

*\*NB: If you choose this option, your invoice number or setting name MUST be used as a reference.*

*Please advise NAQ of the direct deposit by emailing [acnas@naqld.org](mailto:acnas@naqld.org)*