

# Nutrition Australia Qld

## Menu and Mealtime Quality Assessments

**Are you due for a Menu and Mealtime Quality Assessment?** Having your menu assessed regularly by Nutrition Australia Qld's **Aged Care Nutrition Advisory Service (ACNAS)** team ensures your facility:

- Is meeting nutrition and hydration needs of the consumers in your care and catering for the unique needs of the elderly
- Aligns with the Aged Care Quality Standards
- Promotes consumer choice, dignity, and a positive dining experience for consumers

Completed by our team of Accredited Practising Dietitians experienced in aged care, we liaise closely with your facility at each stage of your assessment to ensure your needs are met and questions are answered. We have two menu assessment options to suit your needs.

Our **standard menu assessment** includes:

- Onsite visit (where possible) including interviews with key staff members
- Review of menu and recipes for nutrition, variety and tailoring to the needs of consumers (IDDSI diets, allergies, cultural dietary requirements etc.)
- Comprehensive report and recommendations

Our **all-inclusive menu assessments** includes:

- Everything included in a standard menu assessment PLUS
- A full day mealtime experience audit and meal audit
- A review of nutrition policies and processes



Once we determine the type of menu assessment best suited for you, we will need copies of your menu, recipes and nutrition policies and procedures. We then conduct meetings with key staff to gather the information needed to complete a comprehensive report. We will also provide follow up support to discuss implementation of recommendations from your report.



Our standard menu assessment can be completed remotely, whereas all-inclusive menu assessments must be completed in person. For best practice, at a minimum we recommend facilities have a *standard menu assessment* annually, and an *all-inclusive menu assessment* every 2 years.

Cost for standard assessment\*: \$880 subscribers, \$990 nonsubscribers

Cost for all-inclusive assessment\*: \$1,760 subscribers, \$1,870 nonsubscribers

*\*If standard recipes for the menu cannot be provided an additional fee may be required.*

Email [acnas@naqld.org](mailto:acnas@naqld.org) or phone (07) 3257 4393 to enquire about booking in a menu assessment.