

School Cooking Workshops with Nutrition Australia Qld



The team at Nutrition Australia Qld (NAQ) run cooking workshops for children in the school environment. These workshops are a great way to **build skills and confidence** in the kitchen.

OPTION 1

Cooking workshop onsite –
NAQ provides everything

- Choose the cooking workshop topic and recipes that you would like - we will do the rest!
- School to provide access to a fridge, running water for hand washing and washing fresh produce, trestle tables and power if required
- NAQ to provide the equipment and ingredients
- NAQ will deliver the workshop

\$850 + GST per workshop*

OPTION 2

Cooking workshop onsite –
school provides facilities,
equipment and ingredients

- Choose the cooking workshop topic and recipes that you would like
- School to provide all kitchen facilities as well as the equipment and ingredients ready for NAQ staff to use during the cooking workshop (as per list provided)
- School will set up before and clean up after the workshop
- NAQ will deliver the workshop

\$450 + GST per workshop*

Sessions are 1 - 1.5 hours in length, with a range of topics available. Example topics include sushi making, Mexican fiesta, food safari and more!

*Please note, additional fees may apply such as a travel cost from Brisbane, out of hours cost, additional cost for more than 30 students per workshop.

For more information, get in touch with Nutrition Australia Qld via email at schools@naql.org.